

Jewish ⁵⁷⁸³ CALENDAR 2022/2023


JEWISH LIFE CENTER
CHABAD • RALEIGH • NC

7400 Falls of Neuse Rd, Raleigh NC 27615
919-847-8986 | www.JewishRaleigh.org



Let's Hakhel!

Dear Friends,
We are excited to share our community calendar for the new Jewish year of 5783!

Our mission at The Jewish Life Center - Chabad of Raleigh is to build and strengthen our beloved community through the unifying force of Hashem's Torah and His Commandments.

This year 5783 is a year of gathering - in Hebrew Hakhel, occurring only once every seven years.

In the times of the Temple in Jerusalem, on the Hakhel year, a special event took place. The entire Jewish nation, man, woman, and child, gathered in the Temple, and the King of Israel read specific portions from the Torah.

It was the only event that required the attendance of every Jew, much like the gathering at Mount Sinai when we first received the Torah from Hashem. United as a nation, this gathering inspired a new resolve to commit with diligence and enthusiasm to the path of the Torah, and the beautiful meaningful life which it brings.

Until the times of Moshiach, when we rebuild the Temple, we can not fulfill this Mitzvah in its entirety. However, the Rebbe taught that the Hakhel year is a unique opportunity for people to access a strong spirit of togetherness. Hakhel is genuinely a community building and strengthening Mitzvah. Let us use this year to gather and strengthen our relationship with G-d and each other in the spirit of love and friendship.

The Jewish Life Center is all about this, but our raison d'être receives an extra dose of energy and joy in a Hakhel year!

Whether you come to join services in the Shaarei Israel Minyan, JLI, or other Torah classes. You're a woman in the JWC, you send your child to Chabad Hebrew School, Cteen, or Camp Gan Israel, or you are joining for holiday & social programs & the many other offerings at JLC, we want you to know that you are what makes The Jewish Life Center so blessed and beautiful!

We look forward to spending another productive and fun year with you, and if you are new to our community, we are excited to welcome you!

We extend our thanks to the advertisers and sponsors in this calendar and to all of our supporters. With your continued assistance, we hope to strengthen, broaden and deepen the scope of our work. As we approach Rosh Hashanah, we wish you and your loved ones a happy, healthy, sweet new year. May you be inscribed in the book of life, blessing, prosperity & peace.

Shana Tova Umetukah!
Rabbi Mendy & Brocha Wilschanski & Family



OUR INSPIRATION

"In the old days there was a person in every town who would light the street lamps with a flame he carried at the end of a long pole. On the street corners, the lamps waited to be lit. Sometimes, however, the lamps were not as easily accessible... there were lamps in forsaken places. Someone had to light even those lamps so that they would fulfill their purpose and light up the paths of others. Today too, someone must be willing to forgo his or her conveniences and reach out to light even those forsaken lamps..."

- The Lubavitcher Rebbe,
Rabbi Menachem M. Schneerson



Shana Tova!

Rabbi Mendy & Brocha Wilschanski
& Family.
The Roitblat Family.
Rabbi Lev & Dassy Cotlar & Family.
Greta & Saul Schiffman.

Nohelia House & Family.
Scott, Hetty & Michael Weinstein.
The Behrend family.
Jeff, Anita, Craig, Anna,
Maxwell & Elyse Meddin.

Chabad enjoys the support of many individuals and families in our community. The above list reflects only those who have responded to our calendar greetings request. We sincerely appreciate the vital support of all our friends and donors; we couldn't do it without you.





CONGREGATION SHA'AREI ISRAEL - CHABAD

Cong. Sha'arei Israel prides itself as being an 'unorthodox,' yet traditional congregation. Members come from diverse backgrounds, creating an inviting atmosphere for Jews from all walks of life and levels of Jewish observance.

For more information visit
www.JewishRaleigh.org



HILLEL PRESCHOOL

As a five-star and NAEYC accredited early childhood center, Hillel Preschool strives to create the perfect learning environment for our children, ensuring them a love for learning and eagerness to discover. For over 30 years, Hillel has been developing a strong Jewish identity for our students, as well as being on the forefront of exceptional early childhood education.

For more information visit www.HillelPreschool.org



JEWISH LEARNING INSTITUTE

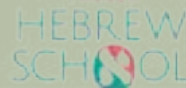
The Jewish Learning Institute provides excellent, thought-provoking classes for today's sophisticated and searching Jews. JLI's innovative presentation of Jewish thought is designed to be both intellectually rigorous and highly accessible. Many JLI courses are CLE accredited. For more information visit www.Jewishraleigh.org/jli



HEBREW SCHOOL

The Chabad Hebrew School is a living example of how our ancient customs still apply in our modern society. We imbue our students with a pride and sense of individuality which has been the key to Jewish continuity since Abraham. All Jewish students are accepted into our program no matter what background or denomination they may be from, nor is synagogue membership required.

For more information visit
www.JewishRaleigh.org/HebrewSchool



JEW CREW - CTEEN JR.

Jew Crew - Cteen Jr. is a program for middle school children in 7th & 8th grade. A combination of Bar & Bat clubs, the teens get together to do social work & team building activities, holiday learning programs and awesome field trips.

For more information email - Brocha@jewishraleigh.org



CAMP GAN ISRAEL

Camp Gan Israel has earned a reputation for providing its campers with an adventurous summer in a fun and educational way. Great staff, exciting trips, and special activities ensure your child will have the summer of a lifetime.

For more information visit
www.RaleighCamp.org



CTEEN

Cteen of Raleigh is an active chapter in the international Cteen Network - The fastest growing Jewish Teen network. At Cteen, our teens are given a sense of responsibility for the community, & they learn to take pride in their Jewish heritage. Cteen programming includes: CteenU - A college accredited course in high school! Cteen Cares - Social service events that help out the community by giving back. Cteen Regionals - Local & regional trips. Shabbatons - Locally as well as a highlight Shabbaton in NYC! Cteen Summers - Travel across the USA or visit Poland & Israel, teens of our chapter are offered extreme discounts for a summer experience of a lifetime!

For more info: www.jewishraleigh.org/cteen or email rabbimendy@jewishraleigh.org

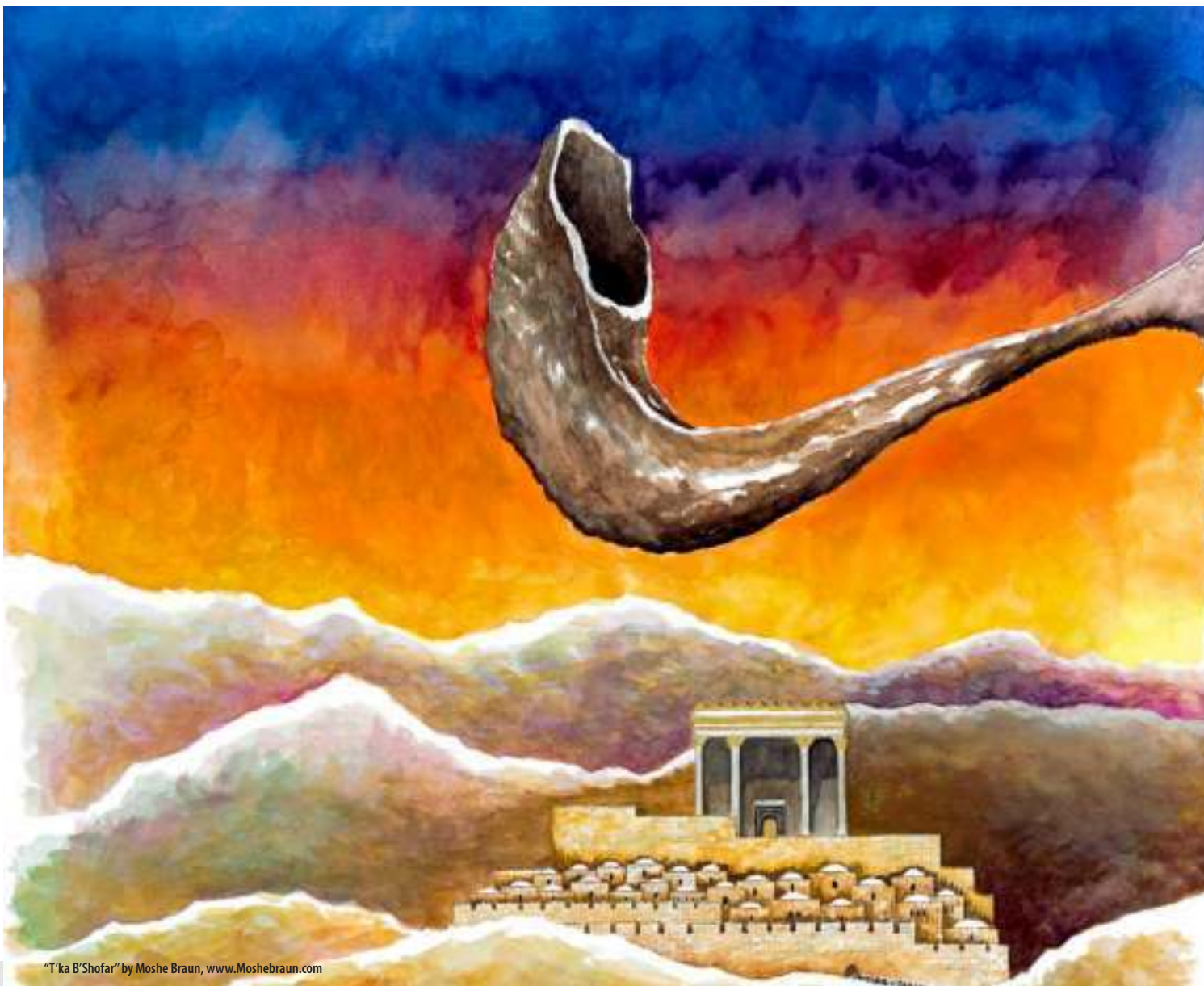


JEWISH WOMEN'S CIRCLE

The Women's Circle brings together Jewish women of all ages and backgrounds to learn, laugh, experience and rejuvenate the mind, body and soul. Each of our meetings features lively, meaningful discussions, great do-it-yourself activities, delicacies to taste, a chance to socialize, and the opportunity to meet new friends.

For more information visit
www.JewishRaleigh.org/JWC
 Refer to calendar for schedule.





"T'ka B'Shofar" by Moshe Braun, www.Moshebraun.com

SEPTEMBER 2022

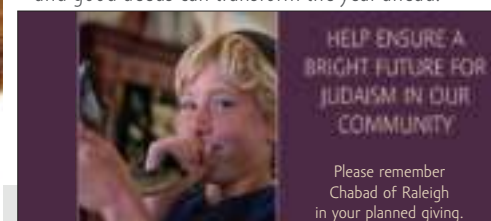
ELUL 5782-TISHREI 5783

ROSH HASHANAH

Every year, we are gifted with the opportunity to reflect and start fresh. Rosh Hashanah (the Jewish New Year) celebrates the birthday of the world. Rosh Hashanah is not called the new year but rather the head of the year. Just as everything that happens in a person's body stems from the head, everything that happens in the coming year stems from Rosh Hashana. The central mitzvah of Rosh Hashanah is to hear the shofar being blown- ideally as part of the prayer services in the synagogue.

THE SHOFAR

Our sages explained that every year on Rosh Hashana, the entire universe is reborn with the cry of the shofar. At that moment, each one of us holds extraordinary power. We get to partner with G-d to determine what the newborn universe will be like. How will it be for these next twelve months? Our resolutions, prayers, and good deeds can transform the year ahead.



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SEPTEMBER 2022

ELUL 5782 - TISHREI 5783

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

TOMOMI ATAMAS
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attorneys at law

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HIGH HOLIDAYS
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No Membership Needed!
Jewishraleigh.org/hh5783

1 5 Elul

2 6 Elul
Candle Lighting: 7:23 PM

3 7 Elul
Avot 6
Shoftim
Shabbat Ends: 8:18 PM

4 8 Elul

5 9 Elul
Labor Day

6 10 Elul

7 11 Elul

8 12 Elul

9 13 Elul
Candle Lighting: 7:12 PM

10 14 Elul
Avot 1 & 2
Ki Teitzei
Shabbat Ends: 8:07 PM

11 15 Elul

12 16 Elul

13 17 Elul

14 18 Elul
Chai Elul
Birthday of the Baal Shem Tov
and Alter Rebbe

15 19 Elul

16 20 Elul
Candle Lighting: 7:02 PM

17 21 Elul
Selichot Tonight
Avot 3 & 4
Ki Tavo
Shabbat Ends: 7:57 PM

18 22 Elul

19 23 Elul

20 24 Elul

21 25 Elul

22 26 Elul

23 27 Elul
Candle Lighting: 6:52 PM

24 28 Elul
Avot 5 & 6
Nitzavim
Shabbat Ends: 7:46 PM

25 29 Elul
Rosh Hashanah Eve
Birthday of the Tzemach Tzedek
Candle Lighting: 6:49 PM

26 1 Tishrei
Rosh Hashanah
Candle Lighting: after 7:43 PM

27 2 Tishrei
Rosh Hashanah
Holiday Ends: 7:42 PM

28 3 Tishrei
Fast of Gedalia
5:47 AM - 7:28 PM
Happy Birthday Chana Dubinsky

29 4 Tishrei
Yahrtzeit of
Stacy (Sorah) Miriam Trushin

30 5 Tishrei
Candle Lighting: 6:42 PM

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FIVE STAR REVIEW

Molad: Sunday, 9/25 at 9:00 (6 chalakim) PM

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"Olah Regel" by Sarit Stern, order prints at www.instagram.com/saritsternart

OCTOBER TISHREI - CHESHVAN

PILGRIMAGE TO THE HOLY TEMPLE

It was a time of grand festivities and connections. Three times a year, Jews from across Israel and beyond would travel to the Holy Temple in Jerusalem. These three annual occasions, known as the Shalosh Regalim, are the festivals of Sukkot, Pesach and Shavuot. These festivals commemorate extraordinary miracles in our history and mark various points in the agricultural cycle in Israel. The dual nature of the Shalosh Regalim reminds us that the natural (the agricultural process) and the miraculous are intertwined.

Every seven years following the Shmita year (sabbatical year) was a Hakhel year- a year of assembly. A special gathering took place in the Beit Hamikdash over Sukkot, where every man, woman and child would assemble in the Holy Temple to hear important words of inspiration. 5783 is a Hakhel year and an opportune time to gather together and promote Jewish unity.

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OCTOBER 2022

TISHREI - CHESHVAN 5783

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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FIVE STAR REVIEW



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My G-d
Defining the Divine
SIX TUESDAYS,
7:30 - 9:00 PM
FOR CLASS DATES VISIT:
JewishRaleigh.org/JLI

1 6 Tishrei
Shabbat Shuva
Vayeilech
Shabbat Ends: 7:36 PM

2 7 Tishrei

3 8 Tishrei

4 9 Tishrei
Yom Kippur Eve
Fast & Candle Lighting: 6:36 PM

5 10 Tishrei
Yom Kippur
Yizkor
Fast & Holiday End: 7:30 PM

6 11 Tishrei

7 12 Tishrei
Candle Lighting: 6:32 PM

8 13 Tishrei
Ha'azinu
Yahrtzeit of the Rebbe Maharash
Shabbat Ends: 7:26 PM

9 14 Tishrei
Sukkot Eve
Candle Lighting: 6:29 PM

10 15 Tishrei
Sukkot
Columbus Day
Candle Lighting: after 7:23 PM

11 16 Tishrei
Sukkot
Holiday Ends: 7:22 PM

12 17 Tishrei
Sukkot
1st Intermediate Day

13 18 Tishrei
Sukkot
2nd Intermediate Day

14 19 Tishrei
Sukkot
3rd Intermediate Day
Yahrtzeit of Jack Behrend
Candle Lighting: 6:22 PM

15 20 Tishrei
Sukkot
4th Intermediate Day
Shabbat Ends: 7:17 PM

16 21 Tishrei
Sukkot
Hoshana Rabbah
Yahrtzeit of Charlotte Cohen Behrend
Candle Lighting: 6:19 PM

17 22 Tishrei
Shemini Atzeret
Yizkor
Candle Lighting: after 7:14 PM

18 23 Tishrei
Simchat Torah
Holiday Ends: 7:13 PM

19 24 Tishrei

20 25 Tishrei

21 26 Tishrei
Candle Lighting: 6:13 PM

22 27 Tishrei
Blessing of the New Month
Bereishit
Anniversary of Zachary & Jasmine Medoff
Shabbat Ends: 7:08 PM

23 28 Tishrei
30 5 Cheshvan
Happy Birthday Mushka Dubinsky
Happy Birthday Chana Cotlar

24 29 Tishrei
31 6 Cheshvan

25 30 Tishrei
Rosh Chodesh

26 1 Cheshvan
Rosh Chodesh

27 2 Cheshvan
Happy Birthday Rochel Dubinsky

28 3 Cheshvan
Candle Lighting: 6:05 PM

29 4 Cheshvan
Noach
Shabbat Ends: 7:01 PM

Molad: Tuesday, 10/25 at 9:44 (7 chalakim) AM



"Kever Rachel" by Moshe Braun, www.Moshebraun.com

NOVEMBER CHESHVAN - KISLEV

THE TOMB OF RACHEL

Our matriarch Rachel, Rochel Imeinu, passed away on the 11th of Cheshvan. For centuries, her tomb lay on a deserted roadside in Bethlehem, and Rachel's descendants would come there to pour out their hearts to her. Our sages teach us that when the Jews were exiled from Jerusalem, they passed by the tomb of Rachel, weeping bitterly. She ascended to heaven, begging G-d to forgive her descendants, the Jewish people. The other patriarchs, matriarchs, and Moses, begged for mercy. But G-d remained silent. Then Rachel prayed for her descendants and elicited G-d's mercy on the Jewish people. Today, millions of people travel to Rachel's tomb to pray and seek divine blessings from G-d.

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A+ FIVE STAR REVIEW



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NOVEMBER 2022

CESHVAN - KISLEV 5783

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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1 7 Cheshvan

2 8 Cheshvan

3 9 Cheshvan

4 10 Cheshvan

5 11 Cheshvan

Lech Lecha

Happy Birthday
Goldie Wilschanski
Candle Lighting: 5:58 PM

Shabbat Ends: 6:54 PM

6 12 Cheshvan
DST Ends

7 13 Cheshvan

8 14 Cheshvan

9 15 Cheshvan

10 16 Cheshvan

11 17 Cheshvan
Veterans Day

12 18 Cheshvan

Vayeira

Candle Lighting: 4:52 PM

Shabbat Ends: 5:49 PM

13 19 Cheshvan

14 20 Cheshvan

15 21 Cheshvan

16 22 Cheshvan

17 23 Cheshvan

18 24 Cheshvan

19 25 Cheshvan
Blessing of the New Month

Chayei Sarah

Birthday of the Rebbe Rashab
Happy Birthday Rabbi Lev Cotlar

Candle Lighting: 4:47 PM

Shabbat Ends: 5:45 PM

20 26 Cheshvan

21 27 Cheshvan

22 28 Cheshvan

23 29 Cheshvan

24 30 Cheshvan
Rosh Chodesh
Thanksgiving Day

25 1 Kislev
Rosh Chodesh

26 2 Kislev

Toldot

Happy Birthday
Chaim Tzemach Wilschanski
Candle Lighting: 4:44 PM

Shabbat Ends: 5:43 PM

27 3 Kislev

28 4 Kislev

29 5 Kislev

30 6 Kislev



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TODAY!

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Molad: Wednesday, 11/23 at 10:28 (8 chalaki) PM



"The Menorah" by Sarit Stern, order prints at www.instagram.com/saritsternart

DECEMBER KISLEV - TEVET

CHANUKAH

Chanukah commemorates the victory of the small Jewish band of warriors over the mighty Greek army. After an utterly miraculous victory, the Jews were again free to worship G-d in the Holy Temple. The Temple was in ruins, and there was no oil to light the menorah. Miraculously, one small jug was found, and the menorah was lit. The menorah lights remained lit for eight days until new oil was brought. Chanukah reminds us all to kindle the lights in our souls, one candle, one spark at a time. When the world around us seems dark, we can be its light.



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Business Personal Food Clients	4	2,350.00
Business Personal Food Clients	5	275.00
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DECEMBER 2022

KISLEV - TEVET 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>You're invited to the annual PUBLIC MENORAH LIGHTING Join us at Lafayette Village!</p> <p>visit: www.Jewishraleigh.org/chanukah23</p>		 <p>You can light the candle for future generations.</p> <p>Remember Chabad of Raleigh in your will.</p>		<p>1 7 Kislev</p>	<p>2 8 Kislev</p> <p>Candle Lighting: 4:43 PM </p>	<p>3 9 Kislev</p> <p>Vayetzai</p> <p>Birthday and Yahrtzeit of the Mittler Rebbe Yahrtzeit of Milton I. Friedman Shabbat Ends: 5:42 PM</p>
<p>4 10 Kislev</p> <p>Liberation of the Mittler Rebbe Yahrtzeit of Suzanne Carole (Shulamit Gittel) Trushin</p>	<p>5 11 Kislev</p> <p>Yahrtzeit of Hannah Herman</p>	<p>6 12 Kislev</p>	<p>7 13 Kislev</p>	<p>8 14 Kislev</p>	<p>9 15 Kislev</p> <p>Candle Lighting: 4:43 PM </p>	<p>10 16 Kislev</p> <p>Vayishlach</p> <p>Shabbat Ends: 5:43 PM</p>
<p>11 17 Kislev</p>	<p>12 18 Kislev</p>	<p>13 19 Kislev Yud Tes Kislev</p> <p>Liberation of the Alter Rebbe</p>	<p>14 20 Kislev Chof Kislev</p> <p>Yahrtzeit of Marrin Rothstein</p>	<p>15 21 Kislev</p>	<p>16 22 Kislev</p> <p>Yahrtzeit of Frank Massel Candle Lighting: 4:44 PM </p>	<p>17 23 Kislev Blessing of the New Month</p> <p>Vayeishev</p> <p>Shabbat Ends: 5:45 PM</p>
<p>18 24 Kislev</p> <p>1st Light Tonight </p>	<p>19 25 Kislev Chanukah</p> <p>2nd Light Tonight </p>	<p>20 26 Kislev Chanukah</p> <p>3rd Light Tonight </p>	<p>21 27 Kislev Chanukah</p> <p>4th Light Tonight </p>	<p>22 28 Kislev Chanukah</p> <p>5th Light Tonight </p>	<p>23 29 Kislev Chanukah</p> <p>6th Light Tonight  Candle Lighting: 4:47 PM </p>	<p>24 30 Kislev Chanukah Rosh Chodesh Mikeitz</p> <p>7th Light Tonight  Shabbat Ends: 5:48 PM</p>
<p>25 1 Tevet Chanukah Rosh Chodesh</p> <p>8th Light Tonight </p>	<p>26 2 Tevet Chanukah</p>	<p>27 3 Tevet</p>	<p>28 4 Tevet</p>	<p>29 5 Tevet</p> <p>Didan Notzach</p>	<p>30 6 Tevet</p> <p>Candle Lighting: 4:52 PM </p>	<p>31 7 Tevet</p> <p>Vayigash</p> <p>Happy Birthday Meir Dubinsky Shabbat Ends: 5:53 PM</p>

Molad: Friday, 12/23 at 11:12 (9 chalakim) AM



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JANUARY

TEVET - SHEVAT

SHABBAT

Shabbat Candles: Every Friday afternoon at sunset, millions of Jewish women and girls around the globe welcome in Shabbat with the kindling of the Shabbat candles. These candles create an aura of serenity and peace in our homes and infuse a sense of sacredness into our private spaces. The candles remind us of the unique power of the Jewish women in transforming the physical into a home for the Divine.

Challah: More than just a loaf of bread, a freshly baked challah loaf reminds us of the manna that fell in the desert. The aroma of challah fills a home with the unique scent of Shabbat, and one bite of challah contains the taste of this special holy day.



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JANUARY 2023

TEVET - SHEVAT 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>8 Tevet</div> <div>New Year's Day</div>	<div>2</div> <div>9 Tevet</div>	<div>3</div> <div>10 Tevet</div> <div>Fast of Asara BeTevet</div> <div>5:59 AM - 5:42 PM</div>	<div>4</div> <div>11 Tevet</div>	<div>5</div> <div>12 Tevet</div>	<div>6</div> <div>13 Tevet</div> <div>Candle Lighting: 4:58 PM</div>	<div>7</div> <div>14 Tevet</div> <div>Vayechi</div> <div>Shabbat Ends: 5:58 PM</div>
<div>8</div> <div>15 Tevet</div>	<div>9</div> <div>16 Tevet</div>	<div>10</div> <div>17 Tevet</div>	<div>11</div> <div>18 Tevet</div>	<div>12</div> <div>19 Tevet</div>	<div>13</div> <div>20 Tevet</div> <div>Candle Lighting: 5:04 PM</div>	<div>14</div> <div>21 Tevet</div> <div>Shemot</div> <div>Shabbat Ends: 6:04 PM</div>
<div>15</div> <div>22 Tevet</div>	<div>16</div> <div>23 Tevet</div> <div>MLK Day</div>	<div>17</div> <div>24 Tevet</div> <div>Yahrtzeit of the Alter Rebbe</div>	<div>18</div> <div>25 Tevet</div>	<div>19</div> <div>26 Tevet</div> <div>Happy Birthday</div> <div>Morah Brocha Wilschanski</div>	<div>20</div> <div>27 Tevet</div> <div>Candle Lighting: 5:11 PM</div>	<div>21</div> <div>28 Tevet</div> <div>Blessing of the New Month</div> <div>Va'eira</div> <div>Shabbat Ends: 6:11 PM</div>
<div>22</div> <div>29 Tevet</div>	<div>23</div> <div>1 Shevat</div> <div>Rosh Chodesh</div>	<div>24</div> <div>2 Shevat</div>	<div>25</div> <div>3 Shevat</div>	<div>26</div> <div>4 Shevat</div>	<div>27</div> <div>5 Shevat</div> <div>Holocaust Memorial Day</div> <div>Candle Lighting: 5:18 PM</div>	<div>28</div> <div>6 Shevat</div> <div>Bo</div> <div>Shabbat Ends: 6:17 PM</div>
<div>29</div> <div>7 Shevat</div>	<div>30</div> <div>8 Shevat</div> <div>Yahrtzeit of Jay Herman</div> <div>Happy Birthday</div> <div>Rabbi Zalmy Dubinsky</div>	<div>31</div> <div>9 Shevat</div>	<div><div></div><div><div><div>allen</div><div>tate</div><div>Realtors</div></div><div><div>JUDI MARGULIES</div><div>Broker, ABR, GRI, SFR, SRES</div><div>Allen Tate Realtors</div><div>9212 Falls of Neuse Rd, Suite 111</div><div>Raleigh, NC 27615</div><div>Direct: 919.880.2813</div><div>Email: judi.margulies@allentate.com</div><div>Website: www.allentate.com/judimargulies</div></div></div></div>			
				<div><div><div><div></div><div><div>FIVE STAR REVIEW</div></div></div></div><div><div>JOIN A TORAH CLASS</div><div>OR LEARN ONE-ON-</div><div>ONE WITH THE RABBI.</div><div></div><div><div>CALL US TODAY!</div><div>919-847-8986</div></div></div></div>		

Molad: Shabbat 1/21 11:56 (10 chalakim) PM



"Jerusalem Night" by Moshe Braun, www.Moshebraun.com

FEBRUARY SHEVAT – ADAR

THE SEVEN SPECIES

Among many other blessings, G-d blessed the land of Israel with seven species: wheat, barley, grapes, figs, pomegranates, olives, and dates. These seven species are uniquely connected to the Land of Israel, and there is a mitzvah to bring the first of these fruits to the Holy Temple in Jerusalem. Additionally, on the New Year for Trees, Tu B'Shvat, it is a custom to eat from each of these grains and fruits. Today, Israel is a land famed for its production of fruit and vegetables of all kinds, and many special mitzvot only apply to farmers in the land of Israel.



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FEBRUARY 2023

SHEVAT - ADAR 5783

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

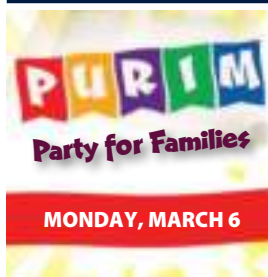
THURSDAY

FRIDAY

SATURDAY



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1 10 Shevat
Yud Shevat

Beginning of
the Rebbe's Leadership
Yahrtzeit of the Previous Rebbe

2 11 Shevat

3 12 Shevat

Candle Lighting: 5:26 PM

4 13 Shevat

Beshalach

Shabbat Ends: 6:24 PM

5 14 Shevat

6 15 Shevat
Tu B'Shevat

7 16 Shevat

8 17 Shevat

9 18 Shevat

10 19 Shevat

Candle Lighting: 5:33 PM

11 20 Shevat

Yitro

Shabbat Ends: 6:31 PM

12 21 Shevat

13 22 Shevat

Yahrtzeit of
Rebbetzin Chaya Mushka

14 23 Shevat

15 24 Shevat

16 25 Shevat

17 26 Shevat

Candle Lighting: 5:40 PM

18 27 Shevat
Blessing of the New Month

Mishpatim
Shekalim

Shabbat Ends: 6:38 PM

19 28 Shevat

20 29 Shevat
Presidents Day

21 30 Shevat
Rosh Chodesh

22 1 Adar
Rosh Chodesh

23 2 Adar

24 3 Adar

Candle Lighting: 5:47 PM

25 4 Adar

Terumah

Shabbat Ends: 6:44 PM

26 5 Adar

Yahrtzeit of
Naomi Bas Eliezer David Gerlitz

27 6 Adar

28 7 Adar

Yahrtzeit of Robert M Stobbe

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JewishRaleigh.org/JLI

Molad: Monday, 2/20 at 12:40 (11 chalakim) PM



"Liyhudim" by Yaeli Vogel, Order prints at www.yaelivogel.com

MARCH

ADAR - NISSAN

PURIM

In the month of Adar, we celebrate the most joyous holiday of the year, Purim. We commemorate the salvation of the Jewish people from total destruction by the wicked Haman's decree. Queen Esther, a brave heroine, risked her life to save her people. Every year we read the story of this great miracle and celebrate together as a community. We have a special feast, exchange gifts of food with family and friends and distribute charity to the poor. Purim reminds us that at the time of our greatest joy, we must remember those less fortunate and provide



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MAOT CHITIM
Gifts to the Poor

In the weeks preceding Passover it is customary to assist needy families by providing them with monetary aid, enabling them to purchase all the holiday necessities

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MARCH 2023

ADAR - NISSAN 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>PURIM PARTY MONDAY, MARCH 6 Jewishraleigh.org/purim23</div>		<div>DONATE TODAY  JewishRaleigh.org/Donate</div>	<div>18 Adar</div>	<div>9 Adar</div>	<div>10 Adar</div> <div>Candle Lighting: 5:53 PM </div>	<div>11 Adar</div> <div>Tetzaveh Zachor</div> <div>Shabbat Ends: 6:50 PM</div>
<div>12 Adar</div>	<div>13 Adar</div> <div>Fast of Esther 5:18 AM - 6:40 PM</div>	<div>14 Adar</div> <div> Purim</div>	<div>15 Adar</div> <div>Shushan Purim</div>	<div>16 Adar</div> <div>Happy Birthday Yossi Cotlar</div>	<div>17 Adar</div> <div>Yahrtzeit of Bernadine Behrend Friedman Candle Lighting: 6:00 PM </div>	<div>18 Adar</div> <div>Ki Tisa Parah</div> <div>Happy Birthday Yoni Cotlar Shabbat Ends: 6:56 PM</div>
<div>19 Adar</div> <div>DST Begins</div> <div>Happy Birthday Morah Dassy Cotlar</div>	<div>20 Adar</div>	<div>21 Adar</div>	<div>22 Adar</div>	<div>23 Adar</div> <div>Yahrtzeit of Ronald Lee Trushin</div>	<div>24 Adar</div> <div>Candle Lighting: 7:06 PM </div>	<div>25 Adar</div> <div>Blessing of the New Month</div> <div>Vayakhel-Pekudei Hachodesh</div> <div>Birthday of Rebbetzin Chaya Mushka Shabbat Ends: 8:02 PM</div>
<div>26 Adar</div>	<div>27 Adar</div>	<div>28 Adar</div>	<div>29 Adar</div>	<div>1 Nissan</div> <div>Rosh Chodesh</div>	<div>2 Nissan</div> <div>Yahrtzeit of the Rebbe Rashab Candle Lighting: 7:12 PM </div>	<div>3 Nissan</div> <div>Vayikra</div> <div>Shabbat Ends: 8:08 PM</div>
<div>4 Nissan</div>	<div>5 Nissan</div>	<div>6 Nissan</div>	<div>7 Nissan</div>	<div>8 Nissan</div>	<div>9 Nissan</div> <div>Candle Lighting: 7:17 PM </div>	<div> 919-701-3003 www.tiptopgaragedoors.com</div>

Molad: Wednesday, 3/22 at 1:24 (17 Chalakim) AM



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APRIL NISSAN - IYAR

THE SPLITTING OF THE SEA

Just one week after the miraculous exile from Egypt, the fledgling Jewish nation was in peril. The mighty Egyptian army was behind them, and the Red Sea was in front. The Jewish nation was divided. Was their independence to be so short-lived? Some advocated fighting the Egyptians, others returning to slavery in Egypt. Some wished to pray to G-d for salvation, and others were ready to throw themselves into the sea. One man began walking into the sea, and when the water reached his face, they miraculously split, allowing safe passage for the Jews. When we face challenges all around us, the lesson is to continue moving forward, one step at a time.



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APRIL 2023

NISSAN - IYAR 5783

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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1 10 Nissan
Shabbat HaGadol
Tzav
Shabbat Ends: 8:15 PM

2 11 Nissan
Birthday of the Lubavitcher Rebbe

3 12 Nissan
Yahrtzeit of Thomas N. Catater

4 13 Nissan
Yahrtzeit of the Tzemach Tzedek

5 14 Nissan
Ta'anit Bechorot
Passover Eve
1st Night Seder
Eat Chametz until: 11:08 AM
Burn Chametz by: 12:13 PM
Candle Lighting: 7:22 PM

6 15 Nissan
Passover
2nd Night Seder
Tonight Omer 1
Candle Lighting: after 8:19 PM

7 16 Nissan
Passover
Tonight Omer 2
Candle Lighting: 7:23 PM

8 17 Nissan
Passover
1st Intermediate Day
Tonight Omer 3
Yahrtzeit of Philip Printz
Shabbat Ends: 8:21 PM

9 18 Nissan
Passover
2nd Intermediate Day
Tonight Omer 4

10 19 Nissan
Passover
3rd Intermediate Day
Tonight Omer 5

11 20 Nissan
Passover
4th Intermediate Day
Tonight Omer 6
Candle Lighting: 7:27 PM

12 21 Nissan
Passover
Tonight Omer 7
Candle Lighting: after 8:25 PM

13 22 Nissan
Passover - Yizkor
Tonight Omer 8
Holiday Ends: 8:25 PM

14 23 Nissan
Tonight Omer 9
Candle Lighting: 7:29 PM

15 24 Nissan
Tonight Omer 10
Blessing of the New Month
Avot 1
Shemini
Shabbat Ends: 8:27 PM

16 25 Nissan
Tonight Omer 11

17 26 Nissan
Tonight Omer 12

18 27 Nissan
Tonight Omer 13

19 28 Nissan
Tonight Omer 14

20 29 Nissan
Tonight Omer 15

21 30 Nissan
Rosh Chodesh
Tonight Omer 16
Candle Lighting: 7:35 PM

22 1 Iyar
Rosh Chodesh
Tonight Omer 17
Avot 2
Tazria-Metzora
Shabbat Ends: 8:34 PM

23 2 Iyar
Tonight Omer 18
Birthday of the Rebbe Maharash
30 9 Iyar
Tonight Omer 25
Yahrtzeit of Nancy Printz

24 3 Iyar
Tonight Omer 19

25 4 Iyar
Tonight Omer 20

26 5 Iyar
Tonight Omer 21

27 6 Iyar
Tonight Omer 22

28 7 Iyar
Tonight Omer 23
Candle Lighting: 7:41 PM

29 8 Iyar
Tonight Omer 24
Avot 3
Acharei-Kedoshim
Shabbat Ends: 8:41 PM

Molad: Thursday, 4/20 at 2:08 (13 chelek) PM

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MAY

IYAR - SIVAN

SHAVUOT

Shavuot marks the day when G-d gave the Torah to the entire Jewish nation over 3,330 years ago. Shavuot was the culmination of a 49-day process of spiritual refinement and growth. When they left Egypt, the Jews prepared themselves to receive the Torah seven weeks later. The last step of their preparation was when they arrived at the foot of Mount Sinai. The Torah tells us they were united like one person, with one heart. To truly receive the Torah's messages, we need to have unity amongst each other.



Bring the whole family to the Torah reading of the 10 Commandments, followed by a complete dairy buffet!

JEWISH COMMUNITY CALENDAR

2023-2024



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MAY 2023

IYAR - SIVAN 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10 Iyar Tonight Omer 26	2 11 Iyar Tonight Omer 27	3 12 Iyar Tonight Omer 28	4 13 Iyar Tonight Omer 29	5 14 Iyar Pesach Sheini Tonight Omer 30 Candle Lighting: 7:47 PM 	6 15 Iyar Tonight Omer 31 Avot 4 Emor Shabbat Ends: 8:47 PM
7 16 Iyar Tonight Omer 32	8 17 Iyar Tonight Omer 33	9 18 Iyar Lag BaOmer Tonight Omer 34	10 19 Iyar Tonight Omer 35	11 20 Iyar Tonight Omer 36	12 21 Iyar Tonight Omer 37 Candle Lighting: 7:53 PM 	13 22 Iyar Tonight Omer 38 Avot 5 Behar-Bechukotai Shabbat Ends: 8:54 PM
14 23 Iyar Tonight Omer 39 Mother's Day	15 24 Iyar Tonight Omer 40	16 25 Iyar Tonight Omer 41	17 26 Iyar Tonight Omer 42	18 27 Iyar Tonight Omer 43	19 28 Iyar Tonight Omer 44 Happy Birthday Oleander Elza Schaul Candle Lighting: 7:58 PM 	20 29 Iyar Tonight Omer 45 Blessing of the New Month Avot 6 Bamidbar Shabbat Ends: 9:00 PM
21 1 Sivan Rosh Chodesh Tonight Omer 46	22 2 Sivan Tonight Omer 47	23 3 Sivan Tonight Omer 48	24 4 Sivan Tonight Omer 49	25 5 Sivan Shavuot Eve Candle Lighting: 8:03 PM 	26  6 Sivan Shavuot Yahrtzeit of the Baal Shem Tov Candle Lighting: 8:04 PM 	27  7 Sivan Shavuot Yizkor Holiday & Shabbat End: 9:00 PM
28 8 Sivan	29 9 Sivan Memorial Day	30 10 Sivan	31 11 Sivan			

Molad: Shabbat 5/20 at 2:52 (14 chalakim) AM



"Hebron - Ma'arat HaMachpelah" by Moshe Braun, www.Moshebraun.com

JUNE

SIVAN - TAMMUZ

THE CAVE OF THE PATRIARCHS

For millennia, Jews have prayed at the holy resting places of our righteous ancestors. In the earliest recorded instance, the Torah tells us that Caleb, one of the twelve scouts Moses sent to scout the land of Israel, made a personal detour to Hebron. He wished to pray at Maarat Hamachpelah, the tomb of our patriarchs and matriarchs. Today, millions follow in Caleb's footsteps and travel to Hebron to pray at the graves of our forefathers and foremothers. The Zohar relates that Maarat Hamachpelah is not only unique because of those who rest there, but because it is the gateway to the Garden of Eden. Our prayers today, especially at this holy place, the gateway to the world of souls, can arouse our fathers and mothers to pray again on our behalf.



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JUNE 2023

SIVAN - TAMMUZ 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 12 Sivan	2 13 Sivan Happy Birthday Riva Cotlar Candle Lighting: 8:08 PM	3 14 Sivan Avot 1 Naso Shabbat Ends: 9:12 PM
4 15 Sivan	5 16 Sivan	6 17 Sivan	7 18 Sivan	8 19 Sivan	9 20 Sivan Candle Lighting: 8:12 PM	10 21 Sivan Avot 2 Behaalotecha Shabbat Ends: 9:16 PM
11 22 Sivan	12 23 Sivan	13 24 Sivan	14 25 Sivan Happy Birthday Anthea Elza Schaul	15 26 Sivan Yahrtzeit of Margaret Adelia Stobbe	16 27 Sivan Candle Lighting: 8:15 PM	17 28 Sivan Blessing of the New Month Avot 3 Shelach Shabbat Ends: 9:19 PM
18 29 Sivan Father's Day	19 30 Sivan Rosh Chodesh	20 1 Tammuz Rosh Chodesh Happy Birthday Peggy Tabony	21 2 Tammuz	22 3 Tammuz Gimmel Tammuz Yahrtzeit of the Lubavitcher Rebbe	23 4 Tammuz Candle Lighting: 8:17 PM	24 5 Tammuz Avot 4 Korach Shabbat Ends: 9:20 PM
25 6 Tammuz	26 7 Tammuz	27 8 Tammuz	28 9 Tammuz	29 10 Tammuz	30 11 Tammuz Candle Lighting: 8:17 PM	

Moladi: Sunday, 6/18 at 3:36 (15 chalakim) PM



"Kotel Prayer" by Moshe Braun, www.Moshebraun.com

JULY TAMMUZ - MENACHEM AV

HOLY TEMPLE

The Three Weeks mark an intense mourning period for the destruction of our Holy Temples. It begins on the 17th of Tammuz, a fast day commemorating the day the Romans breached the walls of Jerusalem and began their destruction of our holy city. This period culminates on Tisha B'Av, also a fast day, marking the day both Temples were destroyed. This is the saddest day of the Jewish calendar, and many tragedies occurred on this day in our history. There are various customs of mourning that take place during this time. It is also a time of increased Torah study, charity, and



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JULY 2023

TAMMUZ - MENACHEM AV 5783

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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1 12 Tammuz
Avot 5

Chukat - Balak

Birthday and Liberation of the Previous Rebbe
Shabbat Ends: 9:20 PM

2 13 Tammuz

3 14 Tammuz

4 15 Tammuz
Independence Day

5 16 Tammuz

6 17 Tammuz
Fast of Shiva Asar B'Tammuz
4:24 AM - 9:05 PM

7 18 Tammuz

8 19 Tammuz
Avot 6

Pinchas

Happy Birthday Charles Tabony
Shabbat Ends: 9:19 PM

9 20 Tammuz

10 21 Tammuz

11 22 Tammuz

12 23 Tammuz

13 24 Tammuz

14 25 Tammuz

15 26 Tammuz
Blessing of the New Month
Avot 1

Matot - Massei

Shabbat Ends: 9:15 PM

16 27 Tammuz

17 28 Tammuz

18 29 Tammuz

19 1 Av
Rosh Chodesh

20 2 Av

21 3 Av

22 4 Av
Shabbat Chazon
Avot 2
Devarim

Shabbat Ends: 9:11 PM

23 5 Av

24 6 Av

25 7 Av

26 8 Av

27 9 Av
Fast of Tishah B'Av

28 10 Av

29 11 Av
Shabbat Nachamu
Avot 3
Va'etchanan

Shabbat Ends: 9:04 PM

30 12 Av

31 13 Av

Happy Birthday
Rabbi Mendy Wilschanski

Fast Begins: 8:24 PM

Fast Ends: 8:53 PM

Candle Lighting: 8:05 PM

Jewish Life Center - Chabad of Raleigh, 7400 Falls of Neuse Rd, Raleigh NC, 27615

919-847-8986 - www.JewishRaleigh.org

Molad: Tuesday, 7/18 at 4:20 (16 chalakiim) AM

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One acronym for the Hebrew month of Elul is the verse Ani L'dodi V'dodi Li, I am to my beloved as my beloved is to me. This verse characterizes a Jew's relationship with G-d and is particularly appropriate for the month of Elul, which is about reconnecting with G-d before Rosh Hashanah. Additionally, this verse is used by many to symbolize the intent of the Chuppah, the Jewish marriage ceremony, where two halves of a soul reconnect and commit to one another.

[illegible]

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MENACHEM AV - ELUL 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 14 Av	2 15 Av Tu B'Av	3 16 Av	4 17 Av	5 18 Av Avot 4 Eikev Shabbat Ends: 8:57 PM
	6 19 Av	7 20 Av Yahrtzeit of Rabbi Levi Yitzchak Schneerson Anniversary of Gary & Susan Behrend	8 21 Av	9 22 Av	10 23 Av	11 24 Av Candle Lighting: 7:59 PM
						12 25 Av Blessing of the New Month Avot 5 Re'eh Shabbat Ends: 8:49 PM
13 26 Av	14 27 Av Happy Birthday Basya Wilschanski	15 28 Av	16 29 Av	17 30 Av Rosh Chodesh	18 1 Elul Rosh Chodesh Candle Lighting: 7:43 PM	19 2 Elul Avot 6 Shoftim Shabbat Ends: 8:40 PM
20 3 Elul	21 4 Elul	22 5 Elul	23 6 Elul	24 7 Elul	25 8 Elul Candle Lighting: 7:34 PM	26 9 Elul Avot 1 & 2 Ki Teitzei Shabbat Ends: 8:30 PM
27 10 Elul	28 11 Elul	29 12 Elul	30 13 Elul	31 14 Elul		

Molad: Wednesday, 8/16 at 5:04 (17 Chalakim) PM



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SEPTEMBER

ELUL 5783 – TISHREI 5784

THE MONTH OF ELUL

Every year, the Jewish calendar gives us an opportunity to refresh our connection with G-d. The months of Elul and Tishrei are months of renewal. It is a time of self-reflection and commitment. We add in our prayers, charitable giving, and Torah study. These months are filled with incredible moments of spirituality, from the shofar blowing daily during the month of Elul to the communal prayers of the High Holidays. It is an opportune time to tap into our souls and recommit ourselves to connecting with G-d.

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SEPTEMBER 2023

ELUL 5783 - TISHREI 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Find out more JewishRaleigh.org</p>	 <p>CHABAD HEBREW SCHOOL REGISTER TODAY! 919-847-8986</p>	 <p>For more information, call 919-847-8986</p>	 <p>919-701-3003 www.tiptopgaragedoors.com</p>	 <p>Make your legacy a strong Jewish future. Please remember Chabad in your planned giving.</p>	<p>1 15 Elul</p> <p>Candle Lighting: 7:24 PM</p>	<p>2 16 Elul Avot 3 & 4</p> <p>Ki Tavo</p> <p>Shabbat Ends: 8:20 PM</p>
<p>3 17 Elul</p>	<p>4 18 Elul Chai Elul Labor Day</p> <p>Birthday of the Baal Shem Tov and Alter Rebbe</p>	<p>5 19 Elul</p>	<p>6 20 Elul</p>	<p>7 21 Elul</p>	<p>8 22 Elul</p> <p>Candle Lighting: 7:14 PM</p>	<p>9 23 Elul Selichot Tonight Avot 5 & 6</p> <p>Nitzavim - Vayeilech</p> <p>Shabbat Ends: 8:09 PM</p>
<p>10 24 Elul</p>	<p>11 25 Elul</p>	<p>12 26 Elul</p>	<p>13 27 Elul</p>	<p>14 28 Elul</p>	<p>15 29 Elul Rosh Hashanah Eve</p> <p>Birthday of the Tzemach Tzedek Candle Lighting: 7:04 PM</p>	<p>16 1 Tishrei Rosh Hashanah</p> <p>Candle Lighting: after 7:59 PM</p>
<p>17 2 Tishrei Rosh Hashanah</p> <p>Holiday Ends: 7:57 PM</p>	<p>18 3 Tishrei Fast of Gedaliah 5:38 AM - 7:44 PM</p> <p>Happy Birthday Chana Dubinsky</p>	<p>19 4 Tishrei</p> <p>Yahrtzeit of Stacy (Sorah) Miriam Trushin</p>	<p>20 5 Tishrei</p>	<p>21 6 Tishrei</p>	<p>22 7 Tishrei</p> <p>Candle Lighting: 6:54 PM</p>	<p>23 8 Tishrei Shabbat Shuva</p> <p>Ha'azinu</p> <p>Shabbat Ends: 7:48 PM</p>
<p>24 9 Tishrei Yom Kippur Eve</p> <p>Fast & Candle Lighting: 6:51 PM</p>	<p>25 10 Tishrei Yom Kippur Yizkor</p> <p>Fast & Holiday End 7:45 PM</p>	<p>26 11 Tishrei</p>	<p>27 12 Tishrei</p>	<p>28 13 Tishrei</p> <p>Yahrtzeit of the Rebbe Maharash</p>	<p>29 14 Tishrei Sukkot Eve</p> <p>Candle Lighting: 6:43 PM</p>	<p>30 15 Tishrei Sukkot</p> <p>Candle Lighting: after 7:38 PM</p>

Molad: Friday, 9/15 at 5:49 AM

In memory of a dear member of our community Donna Trushin OBM

Jewish Classics

CHALLAH RECIPE

- | | | |
|-----------------------------|----------------|----------------------|
| • 2 1/2 cups lukewarm water | • 1 tablespoon | • 2 tablespoons salt |
| • 4 yeast packets | • 5 eggs | • 5 lbs flour |
| • 1 cup of sugar + 1 | • 2 cups water | • 1 egg, beaten |
| | • 1 cups oil | |

In a small bowl, combine 2 1/2 cups of lukewarm water, 4 packets of yeast, and 1 tablespoon of sugar. Set aside while the yeast proofs.

In a large mixing bowl, combine 5 eggs, 2 cups of water, 1 cup of sugar, 2 tablespoons of salt, 1 cup of oil, and a little less than 5 lbs of flour.

Add the yeast mixture to the large bowl and mix/knead till fully combined and a solid dough. Set dough in a warm place, covered, for about two hours. It should rise to at least double in size.

After the dough rises, empty out the dough onto a floured surface. Divide the dough into 7 (for 7 small challah) or 5 (for 5 large challah) and braid each portion. Place onto cookie sheets or into loaf pans and let rise again for another hour.

Egg the dough and you can add any toppings you like- fried onions, garlic, brown sugar, vanilla sugar, sesame seeds, poppy seeds etc. and bake for about 30 minutes till golden brown.

POTATO KUGEL

- | | | |
|--------------|------------------|----------------------|
| • 8 potatoes | • 1/4 cup oil | • 1 tsp white pepper |
| • 5 Eggs | • 1/4 water | |
| • 1 onion | • 2 1/2 tsp salt | |

Preheat oven to 370 degrees.

Using the "s" blade of a food processor, process onion. Then, shred potatoes using the food processors shredding blade.

Pour into a 9x13 pan and add in eggs, oil, water, salt, and white pepper. Mix well to evenly distribute all ingredients.

Put in oven and bake for about 1.5-2 hours or until the top is golden brown.

CHEESE CAKE

- | | |
|----------------------|-------------------------------|
| • 4 eggs | • 8 oz. whipped cream cheese |
| • 1 cup sugar | • 16 oz. cottage cheese |
| • 1 tsp. Vanilla | • 2 graham cracker pie crusts |
| • 1 tsp. Lemon juice | |

Preheat oven to 350 degrees. Put all ingredients in a blender and blend till completely combined. Divide between both graham cracker crusts and bake for approximately 40 min or until completely set.

Top with your favorite toppings- pie filling, chocolate, or fresh fruit.

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As we understand the natural world better, we have only grown more fascinated by mysterious topics like the meaning of dreams; the existence of angels, demons, and extraterrestrials; and the power of the evil eye. With record interest inspiring curiosity, dread, and mockery, this course probes the Talmud, Jewish philosophy, and kabbalah to provide Jewish perspectives and guidance for those curious about these perennial questions.

Candle Lighting Guide



Photo © Project 470, ShabbatCandles.com

HOW TO LIGHT SHABBAT CANDLES

1. HOW TO: It starts with one light. Add a candle for your spouse, and if you're a mother, one for each child. A girl over the age of three may (with help from Mom) light her own candle.

Before kindling the candles (exact time is mentioned in the bottom of each calendar box), we think of those less fortunate and put a coin in a charity box.

2. LIGHT A CANDLE. After the candles are lit, the woman stretches her hands out towards the candles, and moves them inwards in a circular motion – ushering in a special guest, the Shabbat Queen – three times. After the third time, the woman covers her eyes with her hands and recites the following blessing:

3. THE BLESSING: Baruch a-ta A-do-nay Elo-hei-nu me-lech ha-o-lam a-she-ri ki-dee-sha-nu bi-mitz-vo-tav vi-tzi-va-noo li-had-leek ner shel Sha-bat Ko-desh.

TRANSLATION: Blessed are you, L-rd our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the light of the Holy Shabbat.

4. SAY A PRAYER. The moments immediately after reciting the blessing, while the woman's eyes are still covered, are an extremely auspicious time for her to offer a private prayer for anything her heart desires. It is customary to use this special time to appeal to G-d for children who will glow with the radiance of the Torah, and that He light up the world with the light of the Redemption.



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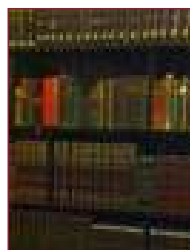
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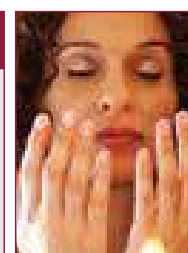
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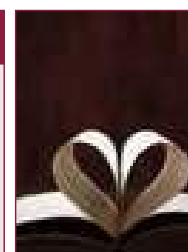
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The Jewish Calendar is published annually by Jewish Life Center & Congregation Sha'arei Israel, 7400 Falls of Neuse Rd. Raleigh, NC 27615. It is sent free to all members and friends. Issue #5783, September 2022

NOVEMBER 2023

CHESHVAN - KISLEV 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			117 Cheshvan	218 Cheshvan	319 Cheshvan	420 Cheshvan Vayeira Shabbat Ends: 6:55 PM
521 Cheshvan DST Ends	622 Cheshvan	723 Cheshvan	824 Cheshvan	925 Cheshvan	1026 Cheshvan	1127 Cheshvan Veterans Day Blessing of the New Month Chayei Sarah Shabbat Ends: 5:50 PM
1228 Cheshvan	1329 Cheshvan	141 Kislev Rosh Chodesh	152 Kislev	163 Kislev	174 Kislev	185 Kislev Toldot Shabbat Ends: 5:46 PM
196 Kislev	207 Kislev	218 Kislev	229 Kislev	2310 Kislev Thanksgiving	2411 Kislev	2512 Kislev Vayeitzei Shabbat Ends: 5:43 PM
2613 Kislev	2714 Kislev	2815 Kislev	2916 Kislev	3017 Kislev		

OCTOBER 2023

TISHREI - CHESHVAN 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
116 Tishrei Sukkot Holiday Ends: 7:36 PM	217 Tishrei Sukkot 1 st Intermediate Day	318 Tishrei Sukkot 2 nd Intermediate Day	419 Tishrei Sukkot 3 rd Intermediate Day	520 Tishrei Sukkot 4 th Intermediate Day	621 Tishrei Sukkot Hoshana Rabbah Candle Lighting: 6:33 PM	722 Tishrei Shemini Atzeret Yizkor Candle Lighting: after 7:28 PM
823 Tishrei Simchat Torah Holiday Ends: 7:26 PM	924 Tishrei Columbus Day	1025 Tishrei	1126 Tishrei	1227 Tishrei	1328 Tishrei	1429 Tishrei Blessing of the New Month Bereishit Shabbat Ends: 7:19 PM
1530 Tishrei Rosh Chodesh	161 Cheshvan Rosh Chodesh	172 Cheshvan	183 Cheshvan	194 Cheshvan	205 Cheshvan	216 Cheshvan Noach Shabbat Ends: 7:10 PM
227 Cheshvan	238 Cheshvan	249 Cheshvan	2510 Cheshvan	2611 Cheshvan	2712 Cheshvan	2813 Cheshvan Lech Lecha Shabbat Ends: 7:02 PM
2914 Cheshvan	3015 Cheshvan	3116 Cheshvan				

DECEMBER 2023

KISLEV - TEVET 5784

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					118 Kislev	219 Kislev Yud Yes Kislev Vayishlach Shabbat Ends: 5:42 PM
320 Kislev	421 Kislev	522 Kislev	623 Kislev	724 Kislev	825 Kislev Chanukah 2 nd Light Tonight Candle Lighting: 4:43 PM	926 Kislev Chanukah Blessing of the New Month Vayeishev 3 rd Light Tonight Shabbat Ends: 5:42 PM
1027 Kislev Chanukah 4 th Light Tonight	1128 Kislev Chanukah 5 th Light Tonight	1229 Kislev Chanukah 6 th Light Tonight	131 Tevet Chanukah Rosh Chodesh 7 th Light Tonight	142 Tevet Chanukah 8 th Light Tonight	153 Tevet Chanukah Candle Lighting: 4:44 PM	164 Tevet Mikeitz Shabbat Ends: 5:44 PM
175 Tevet	186 Tevet	197 Tevet	208 Tevet	219 Tevet	2210 Tevet Tenth Tevet Fast Day 5:55 AM - 5:34 PM Candle Lighting: 4:47 PM	2311 Tevet Vayigash Shabbat Ends: 5:47 PM
2412 Tevet	2513 Tevet	2614 Tevet	2715 Tevet	2816 Tevet	2917 Tevet	3018 Tevet Vayechi Shabbat Ends: 5:52 PM
3119 Tevet						